

**List of Scales/Measures Developed By Prof. Dr. Farah Malik, Institute of Applied Psychology, University of the Punjab,
Lahore, Pakistan**

Instructions: the following is the list of the scales / measures developed by Prof. Dr. Farah Malik or by MPhil, MS or PhD students under her supervision. If any student and researcher wishes to use any scale for research purpose he/she has to take permission from respective author/authors as they have the copy right. Institute has developed an agreement form (attached both) to be signed by the student and supervisor or researcher to get permission from author/ authors. The permission will be granted by the respective author/authors on case to case basis.

| Sr. No | Name of the Test | Author (s) | Thesis / Research Project / Reference | Year |
|--------|----------------------------------------|------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|
| 1. | Child Abuse Scale | Farah Malik, PhD (2007) | Paternal Authoritarianism, Parental Acceptance Rejection and Family Environment in Child Abuse (PhD: 2002) Reference: Malik, F. D., & Shah, A. A. (2007). Development and initial validation of Child Abuse Scale. <i>Psychology and Developing Societies, 19</i> (2), 161-178. doi: 10.1177/097133360701900202 | 2002 |
| 2. | Nature and Severity Loss Questionnaire | Naila Ambreen and Farah Malik, PhD | Determinants of PTSD in Child Survivors of Earthquake in Northern Areas of Pakistan (MPhil: 2005-2007) | 2007 |

Farah Malik

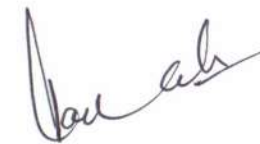
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| 3. | Social Competence Scale for Children. | Sultan Shujja and Farah Malik, PhD (2011) | Emotional Intelligence, Academic Achievement and Social Competence in High and Low Achievers (Children) (MPhil: 2006-2008) Reference: Shujja, S., & Malik, F. (2011). Initial validation and reliability analysis of social competence scale for children: A cultural perspective. <i>Journal of Behavioral Sciences</i> , 2(1), 13-43. | 2008 |
| 4. | Interview Schedule for Drug Addicts | Abad Ayub and Farah Malik PhD | Psychopathy Crime and Drug Addiction among Jail Intimates (MPhil, 2008-2010) | 2010 |
| 5. | Terrorism Impact Scale | Rabia Khawar, Rabia Iftikhar, Saima Saeed, Rehana Ilyas, & Farah Malik PhD (2010) | Development Of Terrorism Impact Scale: Initial Validity And Reliability Analyses Reference: Khawar, R., Iftikhar, R., Saeed, S., Ilyas, R., & Malik, F. (2010). Development Of Terrorism Impact Scale: Initial Validity and Reliability Analyses. <i>Pakistan Journal of Social and Clinical Psychology</i> , 8(2), 91 – 118. | 2010 |
| 6. | Children's Depression Scale | Noor ul Ain and Farah Malik PhD | Development of an Indigenous Scale for Depression in Children (MPhil 2009- 2011) | 2011 |



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| 7. | Paternal Authoritarianism Scale | Farah Malik, PhD | Paternal Authoritarianism, Parental Acceptance Rejection and Family Environment in Child Abuse Reference: Malik F. (2012). Parental acceptance-rejection and paternal authoritarianism among abused children in Pakistan, <i>Journal of Behavioral Sciences: Special Issue on Parental Acceptance-Rejection</i> . 22 (1), 23-48. (X Category) | 2012 |
| 8. | Stressors Scale for Traffic Wardens | Farah Amanat and Farah Malik, PhD | Stressors and Psychological Distress among Traffic Wardens (MS: 2010-2012) | 2012 |
| 9. | Stress Reactions Questionnaire | Farah Amanat and Farah Malik, PhD | Stressors and Psychological Distress among Traffic Wardens (MS: 2010-2012) | 2012 |
| 10. | Affected Area of Life Questionnaire | Farah Amanat and Farah Malik, PhD | Stressors and Psychological Distress among Traffic Wardens (MS: 2010-2012) | 2012 |
| 11. | Tool to Measure Mental Ability of Slow Learners | Salma Khaliq and Farah Malik PhD | Development of Assessment Tool to Measure Mental Ability of Slow Learners (MPhil, 2010- 2012) | 2012 |
| 12. | Domestic Violence Tactics Scale (DVTS) | Saima Bano and Farah Malik PhD | Domestic Violence, Psychological Distress and Depression among Women in Darulaman (Shelter Homes) (MS, 2011-2013) | 2013 |



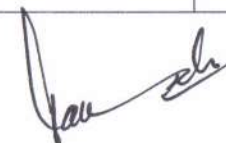
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| 13. | <p>Assessment Protocol for Children with Cerebral Palsy: An Indigenous Inventory</p> <p><i>Subscales:</i></p> <p>I) Motor Domain</p> <p>a) Gross Motor Functioning Classification System</p> <p>II) Communication Domain</p> <p>a) Communication Skill Scale</p> <p>b) Object Identification</p> <p>c) Phonemes</p> <p>d) Similarities</p> <p>e) Word Reading</p> <p>III) Cognitive Domain</p> <p>a) Attention/ Concentration</p> <p>b) Comprehension</p> <p>c) Problem Solving</p> <p>d) Memory</p> <p>e) Creativity</p> | Samavia Hussain and Farah Malik, PhD | <p>Development and Validation of Assessment Protocol for Children with Cerebral Palsy</p> <p>(MS Clinical Psychology Thesis, GC University, Lahore.</p> | 2013 |
| 14. | Resilience Against Terrorism Scale (RATS) | Rehana Illyas & Farah Malik, PhD (2014) | <p>Research Project: Mental Health and Resilience in Survivors of War on Terror.</p> <p>Reference: Illyas, R. & Malik F. (2014). Mental health and resilience in survivors of war on terror. Poster presented at 28th Conference of the European Health Psychology Society, 1st to 5th September, 2014, Austria.</p> | 2014 |



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| 15. | Cognitive Distortion Scale | Nazia Ishfaq, Ayesha Majeed & Farah Malik PhD | Development of an Indigenous Cognitive Distortion Scale: A Cultural Perspective (MS, 2011- 2013) Reference: Ishfaq, N., Malik, F. & Majeed, A. (2013). Development of an indigenous cognitive distortion scale: a cultural perspective. Paper presented at 28 th International Congress of Applied Psychology, Paris, France, 8-13 th July, 2014. | 2014 |
| 16. | Social Competence Scale for Adolescents | Sultan Shujja & Farah Malik, PhD (2015) | Development and Validation of Social Competence Scale for Adolescents (SCSA) Within Cultural Perspective. Reference: Shujja, S., & Malik, F. (2015). Development and Validation of Social Competence Scale for Adolescents (SCSA) Within Cultural Perspective. <i>Journal of Behavioral Sciences</i> , 25(1), 2015. | 2015 |
| 17. | Child Abuse Scale-Revised | Saima Saeed, Ashiq A. Shah, & Farah Malik, PhD (2015) | Modification, Revision and Norm Development of Child Abuse Scale. (MPhil: 2010-12) Reference: Malik, F., Saeed, S. & Shah, A. A. (2014). Modification, Revision and Norm Development of Child Abuse Scale. Poster presented at 28th Conference of the European Health Psychology Society, 1 st to 5 th September, 2014, Austria. | 2015 |



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| 18. | Child Abuse Scale- for Adolescent | Khalid Ghaffar, Ashiq A. Shah, & Farah Malik, PhD (2015) | Child maltreatment, self compassion, empathy and emotion dysregulation in Destitute Adolescents. Reference: Malik, F., Ghaffar, k. (2015). Child maltreatment, self compassion, empathy and emotion dysregulation in Destitute Adolescents. Paper presented at International Conference of Psychology (ICP 2015), 26-28 February, 2015; at University of the Punjab, Lahore | 2015 |
| 19. | Music Peak Experience Scale | Muhammad Faran, Farah Malik, PhD, Rukhsana Kausar, PhD (2015) | Music Engagement, Emotional Responses, Peak Experience of Music and Wellbeing in Music and Non-music Students (MPhil 2013-2015) | 2015 |
| 20. | Child Anger Expression Scale | Saima Majeed & Farah Malik (2017) | Parental Perception, Child Temperament, Cognitive Appraisal and Anger Expression in Children with Emotional-Behavioral Problems (PhD 2017) | 2017 |
| 21. | 1.Forensic Interview for Juvenile 2. Semi Structured Interview for Offenders | Farah Malik (2017) | Forensic Psychology Case Reports | 2017 |
| 22. | Punishment by Teacher Scale (PTS) | Safi Aslam & Farah Malik | Physical- Psychological Punishment, Emotional Regulation and Academic Self-Efficacy in High School Students (M.Phil 2015-2017) | 2018 |
| 23. | Development of Jealousy Scale for Wives (JWS) | Sabila Naseer & Farah Malik | Jealousy, Marital Satisfaction and Mental Health of Women in Polygamous Marriages (M.Phil 2015-2017) | 2018 |
| 24. | Cyber Harassment Experience Scale (CHES) | Sumaira Ayub & Farah Malik, PhD (2017) | Experiences of Cyber Harassment, Self Efficacy, and Social Adjustment in Female University Students (M.Phil 2015-2017) | 2018 |



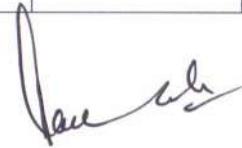
List of Scales/Measures Translated/adopted By Prof. Dr. Farah Malik, Institute of Applied Psychology, University of the Punjab, Lahore, Pakistan

Instructions: the following is the list of the scales / measures translated/adapted by Prof. Dr. Farah Malik or by MPhil, MS or PhD students under her supervision. If any student and researcher wishes to use any scale for research purpose he/she has to take permission from respective author/authors as they have the copy right. Institute has developed an agreement form (attached both) to be signed by the student and supervisor or researcher to get permission from author/ authors. The permission will be granted by the respective author/authors on case to case basis.

| Sr. No | Name of the Test | Original Author (s) | Translating and Adapting Author (s) | Thesis / Research Project / Reference | Permission | Year |
|--------|------------------------|---------------------|-------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|------|
| 1. | Index Family Relations | Hudson, (1982) | Farah Malik, PhD 2002 | Reference: Malik, D. F. (2003). A study of relationship of home environment and parental acceptance-rejection with child abuse. <i>Pakistan Journal of Social and Clinical Psychology</i> . 1, 35-46. | Sought | 2002 |
| 2. | Parenting Stress Index | Abidin, (1995) | Naveed Anjum and Farah Malik, PhD | Determinants of Parenting Practices in Mothers of Children With ADHD. (MPhil: 2004-2006) Reference: Anjum, N., & Malik, F. (2010) Determinants of parenting stress and practices in mothers of ADHD children in Pakistan. <i>Pakistan Journal of Social and Clinical Psychology</i> , 8(1), 18-38. | — | 2006 |

Farah Malik

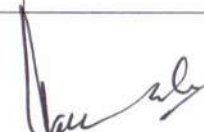
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| 3. | The Brief Cope Inventory | Carver, (1997) | Maryam Bawar and Farah Malik, PhD | <p>Research Project: Psychological Distress and Posttraumatic stress in Earthquake survivor victims in AJK, Pakistan</p> <p>(MPhil: 2004-2006)</p> <p>Reference: Bawer, M., & Malik., F., (2007). Determinants of psychological distress and PTSD in earthquake victims in Kashmir. Unpublished manuscript, Department of Psychology, GC University, Lahore</p> | Sought | 2006 |
| 4. | Interpersonal Support Evaluation List (ISEL) | Cohen and Hoberman, (1983) | Maryam Bawar and Farah Malik, PhD | <p>Determinants of Psychological Distress and Posttraumatic Stress in Earthquake Survivor Victims in Pakistan</p> <p>(MPhil: 2004-2006)</p> <p>Reference: Bawer, M., & Malik., F., (2007). Determinants of psychological distress and PTSD in earthquake victims in Kashmir. Unpublished manuscript, Department of Psychology, GC University, Lahore</p> | Sought | 2006 |



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|----|-----------------------------------------------|--------------------------------|------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|------|
| 5. | The Revised Children's Manifest Anxiety Scale | Reynolds and Richmond (1978) | Zahra Fatima, Jamil Mughal and Farah Malik PhD | Influence of Child Abuse Related Anxiety on Change Blindness in Simulated Scenes (MPhil, 2004-2006) | Sought | 2006 |
| 6. | Parenting Practices Questionnaire | Doyle and McCarty (2002) | Naveed Anjum and Farah Malik, PhD | Determinants of Parenting Practices in Mothers of Children With ADHD (MPhil: 2004-2006) Reference: Anjum, N., & Malik, F. (2010) Determinants of parenting stress and practices in mothers of ADHD children in Pakistan. <i>Pakistan Journal of Social and Clinical Psychology</i> , 8(1), 18-38. | — | 2006 |
| 7. | Comprehensive Behavior Rating Scale | Neeper, Lahey, & Frick, (1990) | Amara Gul and Farah Malik, PhD | Determinants of Performance on Emotional Stroop Task in Abused and Non Abused Children. (MPhil: 2004-2006) Reference: Malik, F., Gul, A., & Humphreys G. (2010). Behavioral and emotional problems in abused and non-abused children in a Pakistani cohort. <i>Pakistan Journal of Psychological Research</i> , 25(2), 179-202. | — | 2006 |

Farah Malik

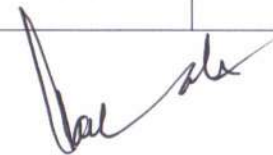
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| 8. | OSU Child Post Traumatic Stress Inventory (OSU-PTSDI) | Bulut, (2003) | Naila Ambreen and Farah Malik, PhD | Determinants of PTSD in Child Survivors of Earthquake in Northern Areas of Pakistan (MPhil: 2005-2007) | Sought | 2007 |
| 9. | Developmental Behavioral Checklist | Einfeld and Tonge, (1995) | Rabia Zahid and Farah Malik PhD | Parental Stress, Practices and Behavioral Problem intellectually Disable children (MPhil: 2005-2007) | Sought | 2007 |
| 10. | Parenting Questionnaire | Strauhons Weidman, (1988) | Rabia Zahid and Farah Malik PhD | Parental Stress, Practices and Behavioral Problem intellectually Disable children (MPhil: 2005-2007) | Sought | 2007 |
| 11. | Interpersonal Competence Questionnaire | Burhrmester, Furman, Wittenberg, and Reis, (1988) | Tina Malik and Farah Malik, PhD | Relationship of Emotional Intelligence With Academic Achievement And Social Competence in High and Low Achievers (MPhil: 2005-2007) Reference: Malik, F., Malik, T., & Anjum, S. (2010). Emotional intelligence, academic achievement and social competence in high and low achiever Pakistani adolescents. <i>Pakistan Journal of Psychology</i> , 41 (2), 75-89. | Sought | 2007 |



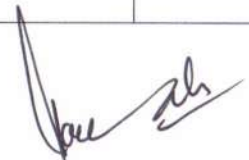
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| 12. | Facially Express Emotion Labeling Test (FEEL) | Kessler, Byerl, Deighton, and Traue (2002) | Farah Malik, PhD and Glyn Humphreys | <p>Internationally Collaborative Research Project : Emotion Recognition in Abused Children and Delinquents (2007-08)</p> <p>Reference: Malik, F., Khawar, R., Chaudhry, H. R. & Humphreys, G. W. (2010). Emotion recognition and duration of untreated first episode psychosis among patients in Pakistan. <i>East Asian Archives of Psychiatry</i>, 20(1), 31-38. (IF =5.61)</p> | Sought | 2007 |
| 13. | Bar On EQ Inventory: YV | BarOn | Farah Malik, PhD | <p>Internationally Collaborative Research Project: Emotional STROOP Task and Intelligence in abused children (Phase II) (2006-2008)</p> <p>Reference: Malik, F., & Shujja. S. (2013). Emotional Intelligence and Academic Achievement: Implications for children's Performance in Schools, <i>Journal of the Indian Academy of Applied Psychology</i>, 39 (1), 65-73.</p> | Sought | 2008 |

Farah Malik

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| 14. | Detailed Assessment of Posttraumatic Stress | John Briere, (2001) | Kausar Suhail, PhD and Farah Malik, PhD et al. 2009. | <p>Research Project: Psychological Health of Earthquake Survivors in Pakistan: Implications for Counseling (2007)</p> <p>Reference: Suhail, K., Malik. F., Ahmad, I., Hasan, S. S., Sarwar, A., & Tanveer, S. (2009). Psychological Health of Earthquake Survivors in Pakistan: Implications for Counseling. <i>Psychology and Developing Societies</i>. 21(2), 183-207.</p> | Sought | 2007 |
| 15. | General Health Questionnaire | Goldberg and Hillier, (1979) | Kausar Suhail, PhD and Farah Malik, PhD et al. 2009 | <p>Internationally Collaborative Project: Psychological Health of Earthquake Survivors in Pakistan: Implications for Counseling.</p> <p>(2007)</p> <p>Reference: Suhail, K., Malik. F., Ahmad, I., Hasan, S. S., Sarwar, A., & Tanveer, S. (2009). Psychological Health of Earthquake Survivors in Pakistan: Implications for Counseling. <i>Psychology and Developing Societies</i>. 21(2), 183-207.</p> | Sought | 2007 |



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| 16. | Camberwell Family Interview | Vaughan and Leff, (1976) | Rehana Ilyas and Farah Malik, PhD | Expressed Emotion and Burden of Care among Relatives of Patients with Schizophrenia (MPhil: 2007-2009) | Sought | 2009 |
| 17. | Burden Assessment Scale | Reinhard et al. (1994) | Rehana Ilyas and Farah Malik, PhD | Expressed Emotion and Burden of Care among Relatives of Patients with Schizophrenia (MPhil: 2007-2009) | Sought | 2009 |
| 18. | Autism Behavior Checklist | Krug, Arick and Almond, (1978) | Shazia Raham Din and Farah Malik, PhD | Behavioral Problems of Autistic Children as the Determinant Factors of Maternal Stress and Depression. (MPhil, 2008 – 2010) Reference: RahmDin, S., & Malik, F., (2014). Behavioral problems in autistic children as predictors of maternal stress and depression. Paper presented at international conference of Pakistan Association of Clinical Psychologists & Centre for Clinical Psychology, 2-3 rd April, 2014. | Sought | 2010 |



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| 19. | Intimate Partner Acceptance-Rejection / Control IPARQ | Ronald P. Rohner, (2001, 2004) | Farah Malik, PhD and Shazia Gulzar (long Version) 2011 Farah Malik, PhD (Short Version) 2012 | Spousal Rejection/ Control as Determinant for the Parental Rejection/ Control of Children in Pakistan. (MPhil: 2008-2010) Reference: Internationally Collaborative Project (2010-2011). Unpublished manuscript, Department of Psychology, GC University, Lahore | Sought | 2010 |
| 20. | Teacher's Acceptance-Rejection Questioner (TARQ/ Control): Child Form, Short Form | Ronald P. Rohner, (2005) | Farah Malik, PhD | International collaborative Project (2012-14) Reference: Malik, F. (2011). Translation of teacher acceptance- rejection questionnaire. Unpublished manuscript, Department of Psychology, GC University, Lahore | Sought | 2011 |
| 21. | Parental Acceptance Rejection Questionnaire: Child Version (Short and Long Forms) | Ronald P. Rohner, (1976, 2004) | Farah Malik, PhD 2011 | Internationally Collaborative Project (2011-12) Reference: Malik, F., & Rohner, P. R. (2012). Spousal Rejection as risk factor for child rejection. <i>Journal of Family Violence</i> , 27(4), 295-301. DOI 10.1007/s10896-012-9425-5 (IF =.95). | Sought | 2011 |

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| 22. | Coping Orientations to Problems Experienced Questionnaire (COPE) | Carver, Sheier, and Weintraub, (1989) | Aisha Parveen and Farah Malik PhD | Coping Strategies of Survivors of Terrorist Attacks (MPhil, 2009-2011) | Sought | 2011 |
| 23. | Adult Parental Acceptance Rejection Questionnaire (Short and Long Versions) | Ronald P. Rohner, (1986, 2004) | Farah Malik, PhD and Musaffa Butt | Internationally Collaborative Project (2012-13) | Sought | 2012 |
| 24. | Parental Power Prestige Questionnaire (PQ3) | Ronald P. Rohner, (2010) | Farah Malik, PhD and Musaffa Butt | Internationally Collaborative Project (2012-13) | Sought | 2012 |
| 25. | Intimate Adult Relationship Questionnaire (IARQ) | Ronald P. Rohner, (2001, 2004, 2010) | Farah Malik and Mussaffa Butt | International Collaborative Project (2013-14) | Sought | 2013 |
| 26. | Assessment Protocol for Children with Cerebral Palsy: An Indigenous Inventory <i>Subscales:</i> I) Motor Domain a) Gross Motor Functioning Classification System II) Communication Domain a) Communication Skill Scale b) Object Identification c) Phonemes | Samavia Hussain and Farah Malik, PhD Palisano, Rosenbaum, Walter Russell and Galuppi (2008) | — Samavia Hussain and Farah Malik, PhD — | Development and Validation of Assessment Protocol for Children with Cerebral Palsy (MS: 2011-2013) | — | 2013 |

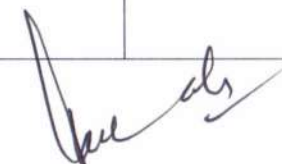
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| | d) Similarities e) Word Reading III) Cognitive Domain a) Attention/ Concentration b) Comprehension c) Problem Solving d) Memory e) Creativity | Humphreys, Bickerton, Samson and Riddoch (2006) | Samavia Hussain and Farah Malik, PhD | | | |
| 27. | Adult Attachment Scale | Colins (1996) | Sidra Aslam & Farah Malik PhD | Attachment Style and Relationship Satisfaction in Women with Conversion Disorder (MS: 2011- 2013) | Sought | 2013 |
| 28. | The Aggression Questionnaire | Buss & Perry (1992) | Rabia Iftikhar & Farah Malik PhD | Interplay of Emotional Behavioral Problems, Emotional Intelligence and Stroop Interference in Abused Children (PhD) | Sought | 2013 |
| 29. | The ISPCAN Childhood Abuse Screening Tool- Children's Version (CAST) | Runyan, D., Wattam, C., Ikeda, R., Hassan, F., & Ramiro, L. (2009b) | Rabia Iftikhar, Iqra Tariq & Farah Malik PhD | Interplay of Emotional Behavioral Problems, Emotional Intelligence and Stroop Interference in Abused Children (PhD) | Sought | 2013 |
| 30. | Relationship Satisfaction Questionnaire | Burns and Sayers (1988) | Sidra Aslam and Farah Malik PhD | Attachment Style and Relationship Satisfaction in Women with Conversion Disorder (MS: 2011- 2013) | Sought | 2013 |



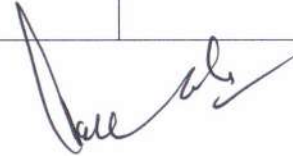
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| 31. | Adult-Rejection Sensitivity Questionnaire | Downey, Berenson, and Kang, (2006) | Maida Arshad, Farah Malik PhD and Madiha Naz | Rejection Sensitivity, Self-Esteem and Depression in Acid Burn Victims. (MS, 2011- 2013) Reference: Arshad, M., Malik, F. & Naz, M. (2013). Rejection sensitivity, self-esteem and depression in acid burn victims. Paper presented at 28 th International Congress of Applied Psychology, Paris, France, 8-13 th July, 2014. | Sought | 2013 |
| 32. | Treatment Motivation Questionnaire | Ryan, Plant, and O'Malley, (1995) | Nayla Noordin and Farah Malik PhD | Spiritual Well-Being and Self-Efficacy as Mediators in Treatment Motivation of Drug Addicts. (MS, 2012-2013). Reference: Noordin, N. & Malik, F. (2013). Spiritual well-being and self-efficacy as mediators in treatment motivation of drug addicts. Poster presented at 28th Conference of the European Health Psychology Society, 1 st to 5 th September, 2014, Austria. | Sought | 2013 |
| 33. | Spiritual Well-Being Scale (SWS) | Booth & Martin, (1998) | Nayla Noordin and Farah Malik PhD | Spiritual Well-Being and Self-Efficacy as Mediators in Treatment Motivation of Drug Addicts. (MS, 2012-2013). | Sought | 2013 |



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| 34. | Adult Carer Quality of Life (AVQL) | Elwick, Joseph, Beck and Becker, (2012) | Mahrukh Nawaz and Farah Malik PhD | Behavioral Problems in Dementia Patients and Quality of Life Among their Caregivers (MPhil, 2011-2013) | Sought | 2013 |
| 35. | Behavioral Assessment Battery for School Going Children Who Stutter | Gene J. Brutton and Matine Vanryckeghem, (2007) | Naila Tariq and Farah Malik PhD | Translation and Adaptation of The Behavioral Assessment Battery for School Going Children Who Stutter (MPhil, 2011- 2013) | Sought | 2013 |
| 36. | Neuropsychiatric Inventory (NPI) | Jeffrey L. Cummings, MD (1994) | Anam Khan & Farah Malik PhD | Burden of Care and Behavioral Problems in Alzheimer Patients as Moderating Factors of Depression and Quality of Life of Caregivers (MPhil, 2008-2010) | Sought | 2013 |
| 37. | Child Abuse Scale: Adolescents Form | Farah Malik, PhD and Saima Saeed and Ashiq A Shah (2012) | Khalid Ghaffar and Farah Malik, PhD | Child Maltreatment, Self Compassion, Empathy and Emotional Dysregulation in Destitute Adolescents. (MPhil, 2012- 2014) | Sought | 2014 |

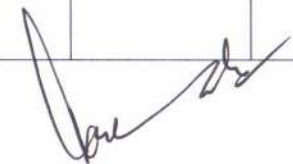


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| 38. | Difficulties with Emotional Regulation Scale (DERS) | Gratz and Roemer (2003). | Khalid Ghaffar and Farah Malik, PhD | Child Maltreatment, Self Compassion, Empathy and Emotional Dysregulation in Destitute Adolescents. (MPhil, 2012- 2014) | Sought | 2014 |
| 39. | Basic Empathy Scale (BES) | Jolliffe and Farrington (2006) | Khalid Ghaffar and Farah Malik, PhD | Child Maltreatment, Self Compassion, Empathy and Emotional Dysregulation in Destitute Adolescents. (MPhil, 2012- 2014) | Sought | 2014 |
| 40. | Teachers' Evaluation of Student Conduct (Tesc) | Rohner Research Publications (1986), (2000), (2004) | Rabia Iftikhar & Farah Malik PhD | International Collaboration Project | Sought | 2014 |



List 2015-2016

| Sr. No. | Name of the Scale | Original Author(s) | Translating and Adapting Author(s) | Thesis/Research Project/Reference | Permission | Year |
|----------------|------------------------------------------------------|--------------------------------------------------------------|-------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|-------------------|-------------|
| 1. | Fear of Intimacy Scale | Descutnr, C.J., & Thelen, M.H (1991) | Muhammad Faran & Farah Malik, Ph.D. | International collaborative Project (2012-14) | Sought | 2015 |
| 2. | Early Adolescents Temperament Questionnaire (EATQ_R) | Lesa K. Ellis and Mary K. Rothbart (1999) | Zahra Jaleel Qureshi & Farah Malik, Ph.D. | Temperamental Surgency, Perception of Parents and Social Competence among Early Adolescents (BS 2011-2015) | Sought | 2015 |
| 3. | Learning Self-Regulation Questionnaire (SRQ-L) | Ryan and Conell, (1989) | Naveera Islam & Farah Malik, Ph.D. | Parental Involvement, Learning Autonomy and Academic Performance in College Students (BS 2011-2015) | Sought | 2015 |
| 4. | Perception of Parents Scale (POPS) | Grolnick, Deci, and Ryan (1997) | Zahra Jaleel Qureshi & Farah Malik, Ph.D. | Temperamental Surgency, Perception of Parents and Social Competence among Early Adolescents (BS 2011-2015) | Sought | 2015 |
| 5. | Proactive Coping Inventory | Esther Greenglass, Ralf Schwarzer, & Steffen Taubert, (1999) | Shaista Jamil & Farah Malik, Ph.D. | Stress Anxiety, Proactive Coping and Psychological Well-Being in Patients with Angiography (M.Sc. 2013-2015) | Sought | 2015 |
| 6. | RAND 36-Item Short Form Health Survey | Hays, Sherbourne, & Mazel, (1993) | Rida-Ul-Wafa & Farah Malik, Ph.D. | Self-Transcendence, Sense of Coherence and Perceived Health in Patients with Coronary Angioplasty (M.Phil, 2013-2015) | Sought | 2015 |
| 7. | Self-Transcendence Scale (STS) | Red, (1986) | Rida-Ul-Wafa & Farah Malik, Ph.D. | Self-Transcendence, Sense of Coherence and Perceived Health in Patients with Coronary Angioplasty (M.Phil, 2013-2015) | Sought | 2015 |



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| 8. | Toronto Empathy Questionnaire | Spreng, Mickinnon, Mar and Levine (2009) | Sidra Ashiq & Farah Malik, Ph.D. | Empathy Emotional-Behavioral Problems and Cyber Bullying in Young Adults (M.Sc. 2013-2015) | Sought | 2015 |
| 9. | Cyber Bullying Scale | Cetin and Yaman (2011) | Sidra Ashiq & Farah Malik, Ph.D. | Empathy Emotional-Behavioral Problems and Cyber Bullying in Young Adults (M.Sc. 2013-2015) | Sought | 2015 |
| 10. | Post-Traumatic Adjustment Scale | Donnell et all, (2008) | Ayesha Saddiqa & Farah Malik, Ph.D. | Resilience, Life Orientation and Post-Traumatic Adjustment in Patients with Burn Injury (M.Sc. 2013-2015) | Sought | 2015 |
| 11. | Brief Sensation Seeking Scale | Lin, Mulder & Joievan (2007) | Mariyam Khalid & Farah Malik, Ph.D. | Aggressive Temperamental, Sensation Seeking and Psychopathic Tendencies in Juvenile Delinquents (M.Sc. 2014-2016) | Sought | 2016 |
| 12. | Differentiation of Self Inventory-Revised (DSI-R) | Skowron & Schmitt, (2003) | Wafa Kamran & Farah Mali, Ph.D. | Attachment Styles, Emotional Maturity and Marital Satisfaction in Late Marriage (M.Phil 2014-2016) | Sought | 2016 |
| 13. | Early Adolescent Aggressive Temperament Questionnaire-Revised | Eliis & Rothbart (1999) | Mariyam Khalid & Farah Malik, Ph.D. | Aggressive Temperamental, Sensation Seeking and Psychopathic Tendencies in Juvenile Delinquents (M.Sc. 2014-2016) | Sought | 2016 |
| 14. | Measurement of Procedural and Distributive Justice for Self and Others | Lucas, Zhdanova, & Alexander, (2011) | Iqra Abdul-Haq & Farah Malik, Ph.D. | Belief in Just World and Social Competence in Orphans (M.Sc. 2014-2016) | Sought | 2016 |

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|-----|----------------------------------------|------------------------------------------------------------|-------------------------------------------|------------------------------------------------------------------------------------------------------------------------|--------|------|
| 15. | Organizational Commitment Scale | Meyer, Allen, & Smith, (1993) | Fareeha Arshad & Farah Malik, Ph.D. | Workplace Incivility, Psychological Capital and Organizational Commitment in University Teachers (M.Phil 2014-2016) | Sought | 2016 |
| 16. | Peer Relations Scale (PRS) | Petersen, Schulenberg, Abramowitz, Offer, & Jarcho, (1984) | Syeda Fatima Hasnain & Farah Malik, Ph.D. | Family Environment, Peer Relations Self-Regulation and Positive Development in Youth (M.Phil 2014-2016) | Sought | 2016 |
| 17. | Positive Youth Development Inventory | Arnold, Nott, & Meinhold, (2012) | Syeda Fatima Hasnain & Farah Malik, Ph.D. | Family Environment, Peer Relations, Self-Regulation and positive Development in Youth (M.Phil 2014-2016) | Sought | 2016 |
| 18. | Psychological Capital Questionnaire | Luthans, Avolio, Avey, & Norman, (2007) | Fareeha Arshad & Farah Malik, Ph.D. | Workplace Incivility, Psychological Capital and Organizational Commitment in University Teachers (M.Phil 2014-2016) | Sought | 2016 |
| 19. | Psychopathic Tendencies Questionnaire | Lynam (1997) | Marriyam Khalid & Farah Malik, Ph.D. | Aggressive Temperamental, Sensation Seeking and Psychopathic tendencies in Juvenile Delinquents (M.Sc. 2014-2016) | Sought | 2016 |
| 20. | Revised Dyadic Adjustment Scale (RDAS) | Busby, Crane, Larson, & Christensen, (1995) | Wafa Kamran & Farah Malik, Ph.D. | Attachment Styles, Emotional Maturity and Marital Satisfaction in Late Marriage (M.Phil 2014-2016) | Sought | 2016 |
| 21. | Self-Regulatory Efficacy | Bandura Guide, (2006) | Fatima Siddique & Farah Malik, Ph.D. | Parental Acceptance-Rejection, Self-Regulatory Efficacy and Antisocial behavior in Juvenile Delinquents (BS 2012-2016) | Sought | 2016 |

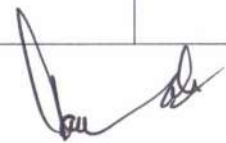
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| 22. | Short Self-Regulation Questionnaire (SSRQ) | Carey et al., (2004) | Syeda Fatima Hasnain & Farah Malik, Ph.D. | Family Environment, Peer Relations, Self-Regulation and Positive Development in Youth (M.Phil 2014-2016) | Sought | 2016 |
| 23. | Stigma Scale for Chronic Illness (SSCI) | Rao, (2009) | Asifa Akram & Farah Malik, Ph.D. | Perceived Stigmatization, Resilience and Posttraumatic Growth in Patients with Hepatitis C. (MS Health Psychology (2014-2016) | Sought | 2016 |
| 24. | Sub Types of Antisocial Behavior Scale (STAB) | S. Alexandra Burt, (2009). | Fatima Siddique & Farah Malik, Ph.D. | Parental Acceptance-Rejection, Self-Regulatory Efficacy and Antisocial Behavior in Juvenile Delinquents (BS 2012-2016) | Sought | 2016 |
| 25. | Ten Item Personality Inventory (TIPI) | Gosling, Rentfrow & Swann, (2003) | Fareeha Arshad & Farah Malik, Ph.D. | Workplace Incivility, Psychological Capital and Organizational Commitment in University Teachers (M.Phil 2014-2016) | Sought | 2016 |
| 26. | The Dispositional Resilience Scale (DRS) | Paul Bartone, (1995) | Asad Abbas & Farah Malik, Ph.D. | Sense of Coherence, Hardiness, Social Support and Post-Traumatic Growth among Flood Victims (M.Sc. 2013-2015) | Sought | 2016 |
| 27. | The Occupational Health Questionnaire (OHS) | Weel & Fortuin, (1998) | Misbah Munir & Farah Malik, Ph.D. | Occupational Health, Safety Measures and Psychological Distress in Technical Staff of an Industry (BS 2012-2016) | Sought | 2016 |
| 28. | Uncivil Workplace Behavior Questionnaire | Martin & Hine, (2005) | Fareeha Arshad & Farah Malik, Ph.D. | Workplace Incivility, Psychological Capital and Organizational Commitment in University Teachers (M.Phil 2014-2016) | Sought | 2016 |

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|-----|-------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|--------|------|
| 29. | Work Safety Scale (WSS) | Hayes, Perander, Smecko & Trask, (1998) | Misbah Munir & Farah Malik, Ph.D. | Occupational Health, Safety Measures and Psychological Distress in Technical Staff of an Industry (BS 2012-2016) | Sought | 2016 |
| 30. | Academic Resilience Scale | Martin and Marsh (2006) | Hafsa Dawood & Farah Malik, Ph.D. | Academic Resilience and Goal-orientation in high and low Achieving Medical Students (M.Sc. 2014-16) | Sought | 2016 |
| 31. | Achievement Goal Questionnaire | Elliot and McGregor (2001) | Hafsa Dawood & Farah Malik, Ph.D. | Academic Resilience and Goal-orientation in high and low Achieving Medical Students (M.Sc. 2014-2016) | Sought | 2016 |
| 32. | Behavior Rating Inventory of Executive Functioning | Gioia, Isquith, Guy & Genthworthy, (2000) | Zainab Bukhari & Farah Malik, Ph.D. | Executive Functioning in Children with Emotional Behavioral Problems (M.Sc. 2014-16) | Sought | 2016 |
| 33. | The Triangular Love Scale (TTLS) | Sternberg, (1988) | Maria Khan & Farah Malik, Ph.D. | Attachment Styles and Love in Long Wed Individuals (M.Sc. 2014-2016) | Sought | 2016 |
| 34. | 1. Parental acceptance-rejection Questionnaire (PARQ) 2. Self-Regulatory Efficacy Scale 3. Sub types of anti-social Behavior Scale (STAB) | 1. Rohner, 1976/1997 2. Bandura Guide, 2006 3. Burt, 2009 | Fatima Siddique Roll No.01, BS (4 years) Session 2012-2016 | Parental Acceptance-Rejection, Self-Regulatory Efficacy and Antisocial Behavior in Juvenile Delinquents | Sought | 2016 |
| 35. | 1. Occupational Health Questionnaire (OHS) | 1. Weel & Fortuin, 1998 2. Hayes, Perander, Smecko & Trask, | Misbah Munir Roll No.24, BS (4 Years) Session 2012-2016 | Occupational Health, Safety Measures and Psychological Distress in Technical staff of an Industry | Sought | 2016 |

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|-----|---------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|----------------------------------------------------------|-----------------------------------------------------------------------------------------------|--------|------|
| | 2. Work Safety Scale (WSS) 3. Work Stress Scale | 1998 3. Americal Institute of Stress, 1999 | | | | |
| 36. | 1. Self-report emotional intelligence Scale 2. Emotional Regulation Questionnaire (ERQ) 3. Job Satisfaction Scale | 1. Schutte et al. 1998 2. Gross and John 2003 3. War-Crook and Walls 1979 | Maria Idrees Roll No.16, BS (4 Years) Session 2012-2016 | Emotional Intelligence, Emotion Regulation and Job Satisfaction in School Teachers | Sought | 2016 |
| 37. | 1. Sternberg Theory of Love Scale 2. Adult Attachment Scale | 1. Sternberg 2. Collin, N (1996) | Maria Khan Roll No.46, M.Sc. Replica Session 2014-2016 | Attachment Styles and Love in Long Wed Individuals | Sought | 2016 |
| 38. | 1. Academic Resilience Questionnaire 2. Achievement Goal Questionnaire (AGQ) | 1. Martin and Marsh (2006) 2. Elliot and Murayama (2008) | Hafsa Dawood Roll No.08, M.Sc. (M) Session 2014-2016 | Academic Resilience and Goal-Orientation in High and Low Achieving Medical Students | Sought | 2016 |
| 39. | 1. Early Adolescents Aggressive Temperament Questionnaire (EATQ-R) 2. Brief Sensation Seeking Scale (BSSS) 3. Child | 1. Eliis and Rothbart (1999) 2. Lin, Mulder and Joيمان, (2007) 3. CSP; Lynam (1997) | Marriyam Khalid Roll No.02, M.Sc. (R), Session 2014-2016 | Aggressive Temperament, Sensation Seeking and Psychopathic Tendencies in Juvenile Delinquents | Sought | 2016 |



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|-----|-------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|--------------------------------------------------------------|-------------------------------------------------------------------------------------|--------|------|
| | Psychopathy Scale (CPS) | | | | | |
| 40. | 1. Children's morningness/eveningness scale (CMES) 2. Sleep Disturbance Scale for Children (SDSC) 3. KIDSCREEN-27 | 1. Richard & Kyllonen, (1999) 2. Bruniet al., (1995) 3. Sieberer, (2004) | Saima Shaukat Roll No.39, M.Sc. (R), Session 2014-2016 | Sleep Pattern, Sleep Disturbance and Psychological Health in Children | Sought | 2016 |
| 41. | 1. Big Five Inventory 2. Self-Compassion Scale 3. State-Trait Resilience Scale | 1. Oliver, (1999) 2. Cronbach's (1992) 3. Chok Hiew's (2002) | Aqsa Mirza Roll No.13, M.Sc. Session 2014-2016 | Personality Traits, Resilience and Self-Compassion in Eunuchs | Sought | 2016 |
| 42. | 1. Behavior Rating Inventory of Executive Functioning 2. Strength's and Difficulties Questionnaire | 1. Gioia, Isquith, Guy & Kentworthy, (2000) 2. Goodman (1997) | Zainab Bukhari Roll No.10, M.Sc. Session (2014-2016) | Executive Functioning in Children with Emotional-Behavioral Problems | Sought | 2016 |
| 43. | 1. Self-concept Scale 2. Multidimensional Social Support Scale 3. Satisfaction with Life Scale | 1. Robson (1989) 2. Zimet, Dahlem and Farley (1988) 3. Diener, et al., (1985) | Mehwish Hanif Roll No.18, M.Sc. IV, (R) Session 2014-2016 | Self-Concept, Social Support and Life Satisfaction in Early Adulthood | Sought | 2016 |
| 44. | 1. Academic Resilience Scale 2. Achievement Goal Questionnaire | 1. Martin and Marsh (2006) 2. Elliot and Murayama (2008) | Hafsa Dawood Roll No.08, M.Sc. (M), Session 2014-2016 | Academic Resilience and Goal-Orientation in High and Low Achieving Medical Students | Sought | 2016 |



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|-----|----------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|--------|------|
| 45. | 1. Locus of Control Scale 2. Scale of Superstitious | 1. Muller and Thomas (2000) 2. Riaz and Amjad (2013) | Sidra Iqbal Roll No.40, M.Sc. (R), Session 2014-2016 | Locus of Control and Superstitious Beliefs in Young Adults | Sought | 2016 |
| 46. | 1. Belief in Just World Scale 2. Social Competence Scale for Adolescents | 1. Lucas, et al., (2011) 2. Shujja & Malik (2014) | Iqra Abdul Haq, Roll No.24, M.Sc. (R), Session 2014-2016 | Belief in Just World and Social Competence in Orphans | Sought | 2016 |
| 47. | 1. State Trait Resilience Scale 2. Ten Item Personality Inventory 3. Posttraumatic Growth Inventory | 1. Hiew (2002) 2. Gosling (2003) 3. Tedeschi & Calhoun (2008) | Asifa Akram Roll No.07, MS (Health Psychology) Session 2014-2016 | Perceived Stigmatization, Resilience and Posttraumatic Growth in Patients with Hepatitis C | Sought | 2016 |
| 48. | 1. Perceptions of Parental Influence Scale 2. The General Self-Efficacy Scale 3. Scale for Assessing Academic Stress | 1. Kleanthous & Williams (2013) 2. Tabassum, Rehman & Schwarzer (2003) 3. Sinha, Sharma & Mahendra (2001) | Khadija Rasheed Roll No.07, Tayyaba Nusrat Roll No.11, M.Phil-2, Session 2014-2016 | Group Research Report Perceived Parental Aspirations, Self-Efficacy and Academic Stress in Intermediate Science Students | Sought | 2016 |
| 49. | 1. Child Parental Acceptance-Rejection / Control Questionnaire Short Form 2. Locus of Control Scale 3. Moral Disengagement | 1. Rohner (2004) 2. Mueller & Thomas (2000) 3. Bandura et al., (1996) | Syeda Fatima Hasnain Roll No.1, Wafa Kamran, Roll No.05, M.Phil-2, Session 2014-2016 | Group Research Report Parental Acceptance-Rejection / Control, Locus of Control and Moral Disengagement in Early Adolescents | Sought | 2016 |



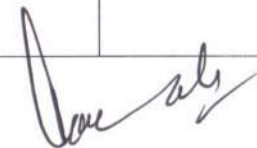
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| | Scale | | | | | |
| 50. | 1. Uncivil Workplace Behavior Questionnaire 2. Psychological Capital Questionnaire 3. Organizational Commitment Scale 4. Ten Item Personality Inventory | 1. Martin & Hine (2005) 2. Luthans, Avolio, Avey & Norman (2007) 3. Meyer, Allen & Smith (1993) 4. Gosling, Rentfrow & Swann (2003) | Fareeha Arshad, Roll No.03, M.Phil, Session 2014-2016 | Workplace Incivility, Psychological Capital and Organizational Commitment in University Teachers | Sought | 2016 |
| 51. | 1. Revised Adult Attachment Scale 2. Differentiation of Self Inventory-Revised 3. Revised Dyadic Adjustment Scale | 1. Collins and Read (1990) 2. Skowron & Schmitt (2003) 3. Busby, Crane, Larson & Christensen (1995) | Wafa Kamran Roll No.05, M.Phil, Session 2014-2016 | Attachment Styles, Emotional Maturity and Marital Satisfaction in Late Marriage | Sought | 2016 |
| 52. | 1. Self-report Family Inventory 2. Peer Relations Scale 3. Short Self-Regulation Questionnaire 4. Positive Youth Development Inventory | 1. Beavers & Hampson (2000) 2. Petersen, Schulenberg, Abramowitz, Offer & Jarcho (1984) 3. Carey et al., (2004) 4. Arnold, Nott & Meinhold (2000) | Syeda Fatima Hasnain, Roll No.01, M.Phil, Session 2014-2016 | Family Environment, Peer Relations, Self-Regulation and Positive Development in Youth | Sought | 2016 |
| 53. | Children Rejection Sensitivity Questionnaire | Geraldine Downey (1998) | Sultan Shujja & Farah Malik Ph.D. | Translation and Validation of Children Rejection Sensitivity Questionnaire for Pakistani Adolescents | Sought | 2016 |

List of Scale 2017

| Sr. No. | Name of the Scale | Original Author(s) | Translating and Adapting Author(s) | Thesis/Research Project/Reference | Permission | Year |
|----------------|--------------------------------------------|--------------------------------|------------------------------------------------|-----------------------------------------------------------------------------------------------|-------------------|-------------|
| 1. | Child Appraisal Questionnaire | Hood, Power, & Hill, (2009) | Saima Majeed & Farah Malik, Ph.D | Parental Perception, Child Temperament, Cognitive with Emotional-Behavioral Problems PhD | Sought | 2017 |
| 2. | Parental Perception Questionnaire (PPQ-20) | Pasquali et al, (2012) | Saima Majeed & Farah Malik, Ph.D | Parental Perception, Child Temperament, Cognitive with Emotional-Behavioral Problems PhD | Sought | 2017 |
| 3. | School Aged Temperament Inventory | SATI, McCloyry, (1995) | Saima Majeed & Farah Malik, Ph.D | Parental Perception, Child Temperament, Cognitive with Emotional-Behavioral Problems PhD | Sought | 2017 |
| 4. | STAXI 2 C&A | Brunner & Speilberger (2009) | Saima Majeed & Farah Malik, Ph.D | Parental Perception, Child Temperament, Cognitive with Emotional-Behavioral Problems PhD | Sought | 2017 |
| 5. | Brand Love Scale | Batra, Ahuvia & Bagozzi (2016) | Fatima Rehman & Farah Malik, Ph.D | Personality, Brand Love and Impulsive Buying in Young Adults (BS 2013-2017) | Sought | 2017 |
| 6. | Buying Impulsive Scale | Rook & Fisher, (1995) | Fatima Rehman & Farah Malik, Ph.D | Personality, Brand Love and Impulsive Buying in Young Adults (BS 2013-2017) | Sought | 2017 |
| 7. | Emotional Autonomy Scale | Steinberg & Silverberg, (1986) | Misbah Tariq, Saima Majeed & Farah Malik, Ph.D | Emotional Autonomy, Self-Criticism and Psychological Wellbeing of Adolescents (MSc 2015-2017) | Sought | 2017 |



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|-----|------------------------------------------|--------------------------------------------------|------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|--------|------|
| 8. | Self-Criticism Scale | Gilbert, (2004) | Misbah Tariq, Saima Majeed & Farah Malik, Ph.D | Emotional Autonomy, Self-Criticism and Psychological Wellbeing of Adolescents (MSc 2015-2017) | Sought | 2017 |
| 9. | Social Adjustment Inventory | Bell. (1934) | Tahreem Iftikhar, Shamim Rafique & Farah Malik, Ph.D | Rejection Sensitivity, Self-Esteem and Social Adjustment in Mothers having only Daughters (MSc 2015-2017) | Sought | 2017 |
| 10. | General Self-Efficacy Scale | Schwarze, Jerusalem, Weinman, & Johnston, (1995) | Shazia Perveen, Safi Aslam & Farah Malik, Ph.D | Self-Efficacy, Relationship Satisfaction and Commitment Level in Married Couples (MSc 2015-2017) | Sought | 2017 |
| 11. | 15 Item Commitment Measures | Rasbult, Martz, & Agnew, (1998) | Shazia Perveen, Safi Aslam & Farah Malik, Ph.D | Self-Efficacy, Relationship Satisfaction and Commitment Level in Married Couples (MSc 2015-2017) | Sought | 2017 |
| 12. | The Maas Robbins Alertness Questionnaire | Robbins, (1998) | Noor Fatima & Farah Malik, Ph.D | Breakfast Habits, Alertness and Mood in Undergraduate University Students (BS 2013-2017) | Sought | 2017 |
| 13. | Four Mood Introspection Scale | Mayer, (1995) | Noor Fatima & Farah Malik, Ph.D | Breakfast Habits, Alertness and Mood in Undergraduate University Students (BS 2013-2017) | Sought | 2017 |
| 14. | Adjustment to College Scale | Al-Khatib, Awamleh, & Samawi, (2012) | Aleena Irshad, Sabila Naseer & Farah Malik, Ph.D | Personality Traits, Quality of Friendship and Social Adjustment among Undergraduate University Students (MSc 2015-2017) | Sought | 2017 |
| 15. | Romantic Partner Conflict Scale (RPCS) | Zacchilli, Hendrick, & Hendrick, (2009) | Amara Ilias, Waqas Hassan & Farah Malik, Ph.D | Personality, Empathy and Marital Conflicts in Married Individuals (MSc 2015-2017) | Sought | 2017 |



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|-----|--------------------------------------------------------|----------------------------------------------------------------|-----------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|--------|------|
| 16. | Toronto Empathy Questionnaire (TEQ) | Spreng, R.N., McKinnon, M. C., Mar, R. A., & Levine, B. (2009) | Amara Ilias, Waqas Hassan & Farah Malik, Ph.D | Personality, Empathy and Marital Conflicts in Married Individuals (MSc 2015-2017) | Sought | 2017 |
| 17. | Internet Addiction Test (IAT) | Young, (2004) | Sara Amin Kahloon, Sumaira Ayub & Farah Malik, Ph.D | Internet Usage, Level of Frustration Intolerance and Academic Achievement in University Students (MSc 2015-2017) | Sought | 2017 |
| 18. | Motivated Strategies for Learning Questionnaire (MSLQ) | Pintrich & DeGroot, (1990) | Safi Aslam & Farah Malik, PhD | Physical- Psychological Punishment, Emotional Regulation and Academic Self-Efficacy in High School Students (M.Phil 2015-2017) | Sought | 2018 |
| 19. | Motivation to Achieve Questionnaire (MAQ) | Joseph N. Njiru (2003) | Shamim Rafique & Farah Malik, PhD | Corporal Punishment, Selective Mutism, Social Competence and Academic Motivation in Children (M.Phil 2015-2017) | Sought | 2018 |
| 20. | School Speech Questionnaire (SSQ) | Bergman, Gonzalez, Piacentini & Keller, (2008) | Shamim Rafique & Farah Malik, PhD | Corporal Punishment, Selective Mutism, Social Competence and Academic Motivation in Children (M.Phil 2015-2017) | Sought | 2018 |
| 21. | Coping with Cyber Harassment Questionnaire-Modified | Louise F. Fitzgerald (2005) | Sumaira Ayub and Farah Malik, PhD (2017) | Experiences of Cyber Harassment, Self Efficacy, and Social Adjustment in Female University Students (M.Phil 2015-2017) | Sought | 2018 |

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List of Scale/Measures translated by Institute of Applied psychology, University of the Punjab

Instructions: The following scales/measures have been translated under the supervision of faculty members at the IAP. If any student researcher wishes to use any scale for research purpose he/she have to take permission from the respective original author/authors (after informing them that he/she is interested to use translated version of the scale by selected names of the translators).The measure will be permitted for one time only use after having completed an agreement form available at the IAP (attached herewith). The permission will be granted on case to case basis.

Scales/Measures Translated under the Supervision of Dr. Iram Fatima

| Sr. No: | Name of the Test | Author/Authors | Translated By | Thesis Title | Permission Status |
|---------|--------------------------------------------------|---------------------------------|-----------------------------------|-------------------------------------------------------------------------------------------------------------------|-------------------|
| 1. | Adjustment Inventory For College Students | Sinha & Singh 1971 | Aneeqa Mazher & Iram Fatima Ph.D | Satisfaction with Hostel Environment and Different Dimensions of Adjustment in Hostel Students (M.Phil 2010-2012) | Sought |
| 2. | Adolescent Peer Relations Instruments (APRI). | Parada (2000) | Gul-e-Seher & Iram Fatima Ph.D | The Role of Dark Triads. Empathy and Self-efficacy in Bullying and Victimization M.Phil 2011-2013) | Sought |
| 3. | Attribution of Problem, Cause and Solution Scale | Stepleman, Darcy, & Tracey 2005 | Amarah Qureshi & Iram Fatima Ph.D | Predictors of Persistence in High School Children (M.Phil 2011-2013) | Sought |
| 4. | Educational Stress Scale for Adolescents | Sun, Dunne, Hou & Xu 2011 | Tahira Anwar & Iram Fatima Ph.D | Risk Factors of Academics Stress and Health Risk Behaviors in Intermediate Students (M.Phil2010-2012) | Sought |

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|-----|---------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|-------------------------------------------------------------------------------------------------------------------|--------|
| 5. | Emotional Maturity Scale | Singh & Bhargava 1990 | Aneeqa Mazher & Iram Fatima Ph.D | Satisfaction with Hostel Environment and Different Dimensions of Adjustment in Hostel Students (M.Phil 2010-2012) | Sought |
| 6. | Experience in Close Relationship-Revised | Fraley, Waller, Brennan (2000) | Nadia Arif & Iram Fatima PhD | Marital Satisfaction in Relation to the Types of Marriages (M.Phil 2010-2012) | Sought |
| 7. | Family Relation Subscale of Family Environment Scale | Moos & Moos 1994 | Aneeqa Mazher & Iram Fatima Ph.D | Satisfaction with Hostel Environment and Different Dimensions of Adjustment in Hostel Students (M.Phil 2010-2012) | Sought |
| 8. | Grit Scale: Perseverance and Passion for Long Term Goals | Duckworth, Peterson, Mathews & Kelly 2007 | Amarah Qureshi & Iram Fatima Ph.D | Predictors of Persistence in High School Children (M.Phil 2011-2013) | Sought |
| 9. | Kansas Marital Satisfaction | Schumm, et al., (1986) | Nadia Arif & Iram Fatima PhD | Marital Satisfaction in Relation to the Types of Marriages (M.Phil 2010-2012) | Sought |
| 10. | Marital Satisfaction Questionnaire for Older Persons (MSQFOP) | Haynes et al (1992) | Arooj Arshad & Iram Fatima PhD | Emotion Regulation, Marital Aggrandizement and Marital Satisfaction in Long-Wed Couples (M.Phil 2012-2014) | Sought |
| 11. | Parental Bonding Instrument | Parker, G., Tupling, H., and Brown, L.B. (1979) A Parental Bonding Instrument. British Journal of Medical Psychology, 1979, 52, 1-10) | Tahira Anwar & Iram Fatima Ph.D | Risk factors of Academics Stress and Health Risk Behaviors in Intermediate students (M.Phil 2010-2012) | Sought |

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|-----|--------------------------------|----------------------------------------------|-----------------------------------|----------------------------------------------------------------------------------------------------|--------|
| 12. | Partner Interference Scale | (Knoblock and Solomon, 2004) | Zaeema Farooq & Iram Fatima Ph.D | Relational Uncertainty, Partner Interference and Relational Turbulence in Young Married Couples | Sought |
| 13. | Relational Turbulence Scale. | (Knobloch, 2007) | Zaeema Farooq & Iram Fatima Ph.D | Relational Uncertainty, Partner Interference and Relational Turbulence in Young Married Couples | Sought |
| 14. | Relational Uncertainty Scale | (Knobloch & Solomon, 1999) | Zaeema Farooq & Iram Fatima Ph.D | Relational Uncertainty, Partner Interference and Relational Turbulence in Young Married Couples | Sought |
| 15. | Teenage Nonviolence Test | Mayton et al, (1998) | Rida Ashraf & Iram Fatima Ph.D | Predictors of Nonviolent Behavior in Young Adults (M.Phil2010-2012) | Sought |
| 16. | The Almost Perfect Scale | Slaney, Rice, Mobley, Trippi, & Ashby (2001) | Amarah Qureshi & Iram Fatima Ph.D | Predictors of Persistence in High School Children (M.Phil 2011-2013) | Sought |
| 17. | The Basic Empathy Scale (BES). | Jolliffe and Farrington (2006) | Gul-e-Seher & Iram Fatima Ph.D | The Role of Dark Triads. Empathy and Self-efficacy in Bullying and Victimization M.Phil 2011-2013) | Sought |

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|-----|----------------------------------------------|----------------------------------|-------------------------------------|------------------------------------------------------------------------------------------------------------|--------|
| 18. | The Marital Aggrandizement Scale (MAS) | O'Rourke and Cappeliez (2002) | Arooj Arshad & Iram Fatima Ph.D | Emotion Regulation, Marital Aggrandizement and Marital Satisfaction in Long-Wed Couples (M.Phil 2010-2014) | Sought |
| 19. | The Self-Efficacy Questionnaire for Children | Muris (2001) | Gul-e-Seher & Iram Fatima Ph.D | The Role of Dark Triads. Empathy and Self-efficacy in Bullying and Victimization M.Phil (2011-2013) | Sought |
| 20. | The Short-D3 | Paulhus & Jones (2011) | Gul-e-Seher & Iram Fatima Ph.D | The Role of Dark Triads. Empathy and Self-efficacy in Bullying and Victimization M.Phil (2011-2013) | Sought |
| 21. | Youngs Internet Addiction test | Young, (1998) | Beenish Najam & Iram Fatima Ph. D | Internet Addiction and Psychological Wellbeing in Undergraduate students BS (Hons) 2010-2014 | Sought |
| 22. | Rumination Response Scale | Hoeksema & Morrow (1991) | Tayyaba Mehboob & Iram Fatima Ph. D | Rumination, Self-Compassion and Stress in Women Living in Shelter Homes BS (Hons) 2010-2014 | Sought |
| 23. | Self-Compassion Scale | Neff (2003) | Tayyaba Mehboob & Iram Fatima Ph. D | Rumination, Self-Compassion and Stress in Women Living in Shelter Homes BS (Hons) 2010-2014 | Sought |
| 24. | Body Appreciation Scale | Avalos, Tylka & Barcalow, (2006) | Farhat-ul-Ain & Iram Fatima, Ph.D | Personal Belief in Just World, Self- Compassion, Body Appreciation and Quality of Life in | Sought |

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|-----|---------------------------------------|----------------------------------------------|-----------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|--------|
| | | | | Individuals with Amputation using and not using Prosthesis Mphil (2013-2015) | |
| 25. | Satisfaction with Family Life Scale | Zabriski & Ward (2013) | Shiba Saeed & Iram Fatima, Ph.D | Work-Family Spillover, Relational Communication and Crossover of Satisfaction with Family Life In Dual-Earner Couples Mphil (2013-2015) | Sought |
| 26. | Relational Communication Scale | Burgoon & Hale (1987) | Shiba Saeed & Iram Fatima, Ph.D | Work-Family Spillover, Relational Communication and Crossover of Satisfaction with Family Life In Dual-Earner Couples Mphil (2013-2015) | Sought |
| 27. | Survey Work-home Interaction-Nijmegen | Geurts et al. (2005) | Shiba Saeed & Iram Fatima, Ph.D | Work-Family Spillover, Relational Communication and Crossover of Satisfaction with Family Life In Dual-Earner Couples Mphil (2013-2015) | Sought |
| 28. | List of Threatening Experiences | Brugha, Bebbington, Tennat and Hurrey (1985) | Madiha Nazeer & Iram Fatima, Ph.D | Modes of Delivery, Postpartum Post Traumatic Stress Symptoms in Mothers After Birth of First Child Mphil (2011-2013) | Sought |

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|-----|-------------------------------------------------|------------------------------|-----------------------------------|-----------------------------------------------------------------------------------------------------------------------------|--------|
| 29. | Perinatal PTSD Questionnaire (PPQ) | Callahan, Borj, Hynan (2006) | Madiha Nazeer & Iram Fatima, Ph.D | Modes of Delivery, Postpartum Post Traumatic Stress Symptoms in Mothers After Birth of First Child Mphil (2011-2013) | Sought |
| 30. | Labor Agency Scale | Hodnett & Simmons (1987) | Madiha Nazeer & Iram Fatima, Ph.D | Modes of Delivery, Postpartum Post Traumatic Stress Symptoms in Mothers After Birth of First Child Mphil (2011-2013) | Sought |
| 31. | The Medical Outcome Study Social Support Survey | Sherbourne & Stewart (1991) | Madiha Nazeer & Iram Fatima, Ph.D | Modes of Delivery, Postpartum Post Traumatic Stress Symptoms in Mothers After Birth of First Child Mphil (2011-2013) | Sought |
| 32. | Instrumental activities of daily living scale | Lawton & Brody (1969) | Ghuncha Naqvi & Iram Fatima, Ph.D | Perception of Aging, Attributional Styles, Social Support and Psychological Well-being of Older Adults Mphil (2011-2013) | Sought |
| 33. | Flourishing Scale | Diener et al., (2010) | Ghuncha Naqvi & Iram Fatima, Ph.D | Perception of Aging, Attributional Styles, Social Support and Psychological Well-being of Older Adults Mphil (2011-2013) | Sought |

Madiha Nazeer

List of Scale/Measures translated by Institute of Applied psychology, University of the Punjab

Instructions: The following scales/measures have been translated under the supervision of faculty members at the IAP. If any student researcher wishes to use any scale for research purpose he/she have to take permission from the respective original author/authors (after informing them that he/she is interested to use translated version of the scale by selected names of the translators).The measure will be permitted for one time only use after having completed an agreement form available at the IAP (attached herewith). The permission will be granted on case to case basis.

Scales/Measures Translated under the Supervision of Assistant Prof. Dr. Mujeeba Ashraf

| Sr. No. | Name of the Scale | Original Author(s) | Translating and Adapting Author(s) | Thesis/Research Project/Reference | Permission | Year |
|---------|-----------------------------------------------------------|---------------------------------------------|-----------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|------------|------|
| 1 | The Resiliency Questionnaire | Rahman, Dawood, Ashraf and Sultan | | Development of local norms of resiliency questionnaire of the students of the Punjab university (Adv Diploma 2001-2002) | Sought | 2002 |
| 2 | The diagnostic Questionnaire for Psychological Disorder | American Psychology Association (DSM-IV-TR) | Rehman, Sitwat, Dawood, Ashraf, Khan, et al., | Prevalence of Psychological Disorders in Lahore City | Sought | 2008 |
| 3 | Indigenous Islamic Belief Questionnaire | Mujeeba Ashraf, PhD & Amira Amjad | | Development of an indigenous Islamic Belief Questionnaire (BS 2005-2009) | Sought | 2016 |
| 4 | Multidimensional scale of perceived Discrimination (MSPD) | Landrine et al., 2006 | Qiraat Rasheed & Mujeeba Ashraf, PhD | Perceived Discrimination, religious group identification and personal self-esteem among religious minority groups in Lahore (Msc 2015-2017) | Sought | 2017 |
| 5 | Adolescent Risk-Perception Questionnaire | Gullone et al., (2000) | Akram Ullah & Mujeeba Ashraf, PhD | Impulsivity & Risk Perception in Convicts (Msc 2016-2018) | Sought | 2018 |
| 6 | Short UPPS-P | Lynam, (2013) | Akram Ullah & | Impulsivity & Risk Perception in | Sought | 2018 |

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|----|-------------------------------------------------------------|-----------------------------------------|-------------------------------------------|-------------------------------------------------------------------------------------------------------------|--------|------|
| | Impulsive Behavior Scale | | Mujeeba Ashraf, PhD | Convicts (Msc 2016-2018) | | |
| 7 | Career Decision Self-Efficacy scale, short form (CDSSES-SF) | Nancy E. Betz & Karen M. Taylor, (1983) | Hafsa Yasin & Mujeeba Ashraf, PhD | Autonomy, Gender stereotypes career Decision making self-efficacy among high school girls (Msc 2016-2018) | Sought | 2018 |
| 8 | The Modern Sexism Scale | Swim, Aikin, Hall & Hunter, (1995) | Hafsa Yasin & Mujeeba Ashraf, PhD | Autonomy, Gender stereotypes career Decision making self-efficacy among high school girls (Msc 2016-2018) | Sought | 2018 |
| 9 | Career Decision making autonomy scale | Frederic Guay, (2005) | Hafsa Yasin & Mujeeba Ashraf, PhD | Autonomy, Gender stereotypes career Decision making self-efficacy among high school girls (Msc 2016-2018) | Sought | 2018 |
| 10 | Blind & Constructive Patriotism scale | Robert T. Schatz, (1999) | Khatija Mansoor & Mujeeba Ashraf, PhD | Patriotism, Political Identity & Political Involvement among Pakistani Adults (Msc 2016-2018) | Sought | 2018 |
| 11 | Identity with Psychological group | Maen & Tetrick, (1992) | Khatija Mansoor & Mujeeba Ashraf, PhD | Patriotism, Political Identity & Political Involvement among Pakistani Adults (Msc 2016-2018) | Sought | 2018 |
| 12 | Questionnaire on Voting Behavior | Adams & Agomor (2005) | Asmah Gull Chaudary & Mujeeba Ashraf, PhD | Candidate's Personal characteristics & Voter's demographic determinants on intention to vote (BS 2014-2018) | Sought | 2018 |

Mujeeba

List of Scale Under Supervision of Miss Afifa Anjum at Institute of Applied Psychology, University of the Punjab Lahore

| Sr. No. | Name of the Scale | Original Author(s) | Translating and Adapting Author(s) | Thesis/Research Project/Reference | Permission | Year |
|----------------|-------------------------------------------------|-------------------------------|-------------------------------------------|----------------------------------------------------------------------------------------|-------------------|-------------|
| 1. | Health Status Questionnaire | Chiropractic, (2000) | Maira Waheed & Afifa Anjum | Psychological Climate, Workplace Harassment and Health outcomes in Female Sales Person | Sought | 2017 |
| 2. | Interpersonal Needs Questionnaire (INQ) | Orden, Witte & Gorden, (2008) | Ayesha Yousaf & Afifa Anjum | Interpersonal Needs, Perceived Social Support and Self Harm in Transgenders | Sought | 2017 |
| 3. | Inventory of Statement about Self Injury (ISAS) | Klonsky & Glenn, (2008) | Ayesha Yousaf & Afifa Anjum | Interpersonal Needs, Perceived Social Support and Self Harm in Transgenders | Sought | 2017 |
| 4. | Psychological Climate for Sexual Assault | Estrada et al., (2011) | Maira Waheed & Afifa Anjum | Psychological Climate, Workplace Harassment and Health outcomes in Female Sales Person | Sought | 2017 |
| 5. | Work Harassment Scale | Bjorkqvist et al, (1992) | Maira Waheed & Afifa Anjum | Psychological Climate, Workplace Harassment and Health outcomes in Female Sales Person | Sought | 2017 |

Wahid